Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended) An injection molded plastic magnetic recording medium substrate comprising a thermoplastic allyloxymethylstyrene type resin having a cyclization rate of at least 90% and having either or both of a structural unit represented by general formula A and a structural unit represented by general formula B,

General formula A

General formula B

where R is a group selected from hydrogen, alkyl groups, cycloalkyl groups, aryl groups and aromatic heterocyclic groups, and m and n each represent 0 or an integer of 1 or higher, with the proviso that m and n are not both 0.

2. (Currently amended) The injection molded plastic magnetic recording medium substrate according to claim 1, wherein the thermoplastic allyloxymethylstyrene type resin includes a thermoplastic phenylallyloxymethylstyrene resin having either or both of a structural unit represented by general formula 1 and a structural unit represented by general formula 2,

General formula 1

General formula 2

where m and n each represent 0 or an integer of 1 or higher, with the proviso that m and n are not both 0.

3. (Currently amended) An injection molded plastic magnetic recording medium substrate comprising a thermoplastic allyloxymethylstyrene resin <u>having a cyclization rate of at least 80% and</u> having either or both of a structural unit represented by general formula 3 and a structural unit represented by general formula 4,

$$\begin{array}{c|c} & & & & \\ & & & \\ C & & & \\ C & & & \\ C & & \\$$

General formula 3

General formula 4

where m and n each represent 0 or an integer of 1 or higher, with the proviso that m and n are not both 0.

4. (Currently amended) The magnetic recording medium substrate according to claim 2, wherein the thermoplastic phenylallyloxymethylstyrene resin has a cyclization rate of at

least 90%, a glass transition temperature (Tg) in a range of 180°C to 270°C, a thermal decomposition point of at least 360°C, and a moisture content of not more than 0.01%.

- 5. (Currently amended) The magnetic recording medium substrate according to claim 3, wherein the thermoplastic allyloxymethylstyrene resin has a cyclication rate of at least 80%, a glass transition temperature (Tg) of at least 100°C, a thermal decomposition point of at least 350°C, and a moisture content of not more than 0.01%.
- 6. (Original) The magnetic recording medium substrate according to claim 1, wherein a flatness in a substrate surface radial direction is not more than 12 μ m, a straightness is not more than 1.2 μ m, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 7. (Original) The magnetic recording medium substrate according to claim 2, wherein a flatness in a substrate surface radial direction is not more than 12 μ m, a straightness is not more than 1.2 μ m, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 8. (Original) The magnetic recording medium substrate according to claim 3, wherein a flatness in a substrate surface radial direction is not more than 12 μ m, a straightness is not more than 1.2 μ m, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 9. (Original) The magnetic recording medium substrate according to claim 2, wherein a substrate flatness shape change after exposure for 500 hours to a high-temperature high-humidity environment of 80°C and 80% RH is not more than 10%.
- 10. (Original) The magnetic recording medium substrate according to claim 4, wherein a substrate flatness shape change after exposure for 500 hours to a high-temperature high-humidity environment of 80°C and 80% RH is not more than 10%.

- 11. (Original) A magnetic recording medium comprising the substrate according to claim 1 and at least a magnetic layer, a protective layer, and a lubricant layer formed on the substrate.
- 12. (Original) A magnetic recording medium comprising the substrate according to claim 2 and at least a magnetic layer, a protective layer, and a lubricant layer formed on the substrate.
- 13. (Original) A magnetic recording medium comprising the substrate according to claim 3 and at least a magnetic layer, a protective layer, and a lubricant layer formed on the substrate.
- 14. (Original) The magnetic recording medium according to claim 11, wherein a flatness in a substrate surface radial direction is not more than 12 μ m, a straightness is not more than 1.2 μ m, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 15. (Original) The magnetic recording medium according to claim 12, wherein a flatness in a substrate surface radial direction is not more than 12 μ m, a straightness is not more than 1.2 μ m, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 16. (Original) The magnetic recording medium according to claim 13, wherein a flatness in a substrate surface radial direction is not more than 12 μm, a straightness is not more than 1.2 μm, a waviness (Wa) is not more than 50 nm, and an average roughness (Ra) is not more than 0.5 nm.
- 17. (Original) The magnetic recording medium according to claim 11, wherein a substrate flatness shape change after exposure for 500 hours to a high-temperature high-humidity environment of 80°C and 80% RH is not more than 10%.

- 18. (Original) The magnetic recording medium according to claim 12, wherein a substrate flatness shape change after exposure for 500 hours to a high-temperature high-humidity environment of 80°C and 80%RH is not more than 10%.
- 19. (Original) The magnetic recording medium according to claim 6, wherein a substrate flatness shape change after being left for 500 hours in a high-temperature high-humidity environment of 80°C and 80%RH is not more than 10%.
- 20. (Currently amended) A method of manufacturing a magnetic recording medium comprising the steps of:

forming the injection molded plastic magnetic recording medium substrate according to claim 1 by thoroughly drying the thermoplastic allyloxymethylstyrene type resin and then injection molding the thermoplastic allyloxymethylstyrene type resin; and

forming at least a magnetic layer, a protective layer, and a lubricant layer in this order on the substrate.

21. (Original) A method of manufacturing a magnetic recording medium comprising the steps of:

forming the injection molded plastic magnetic recording medium substrate according to claim 2 by thoroughly drying the thermoplastic phenylallyloxymethylstyrene resin and then injection molding the thermoplastic phenylallyloxymethylstyrene resin; and

forming at least a magnetic layer, a protective layer, and a lubricant layer in this order on the substrate.

22. (Original) A method of manufacturing a magnetic recording medium comprising the steps of:

forming the injection molded plastic magnetic recording medium substrate according to claim 3 by thoroughly drying the thermoplastic allyloxymethylstyrene resin and then injection molding the thermoplastic allyloxymethylstyrene resin; and

forming at least a magnetic layer, a protective layer, and a lubricant layer in this order on the substrate.

- 23. (New) The magnetic recording medium substrate according to claim 2, wherein the thermoplastic phenylallyloxymethylstyrene resin has a thermal decomposition point of at least 360°C.
- 24. (New) The magnetic recording medium substrate according to claim 3, wherein the thermoplastic allyloxymethylstyrene resin has a thermal decomposition point of at least 350°C.
- 26. (New) The magnetic recording medium substrate according to claim 2, wherein the thermoplastic phenylallyloxymethylstyrene resin has a glass transition temperature (Tg) in a range of 180°C to 270°C.
- 26. (New) The magnetic recording medium substrate according to claim 3, wherein the thermoplastic allyloxymethylstyrene resin has a glass transition temperature (Tg) of at least 100°C.